

# The Influence of Sports Activities in Haze Climate Environment

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**Abstract:** The main target is to develop the physical education major adapting to China's socialist modernization construction and the actual needs of elementary education reform and development, with modern education idea, good science literacy and professional ethics as well as the talent with innovative spirit and practice ability. This paper uses the literature, questionnaire to study the haze weather environment, analyzing the present situation and problems of sports education professional sports activities. It proposes ideas for sports education in smog climate, so as to promote the development of physical education major.

**Keywords:** Haze; Climate Environment; Sports Activities

## 1. Introduction

The major of physical education is mainly to train the talents who can master the basic theories, basic knowledge and basic skills of physical education, master the working rules of physical education in schools skillfully, have strong practical ability, and can be engaged in physical education teaching, extracurricular physical activities, after-school physical training and competition in schools. More and more people have realized that sports is the important foundation and guarantee of improving people's life and quality of life, and the unique role and importance of sports in modern society are becoming more and more prominent. All the time, the major of physical education has been in the forefront of both the national distribution and the major, and it is the major that cultivates the most sports talents among the sports science.

Literature and data method: Through searching a large number of relevant literature and data in the library and electronic reading room, combining the content of this paper to collect and sort out the relevant data, to understand

some basic status quo and the latest trends of the current colleges and universities. the large amount of data collected has laid a solid theoretical foundation for the study of this paper. Questionnaire influence method: According to the purpose and content of this paper, this paper designed the questionnaire on the influence of the current situation of the teaching course of physical education in haze climate environment. After the questionnaire was collected, the teachers were consulted, and the questionnaire was finally finalized after repeated modification.

Questionnaire validity test: Teachers were asked to test the structural validity and content validity of the questionnaire. Teachers' evaluation of structural validity and content validity focuses on suitability and suitability, indicating that this questionnaire has high validity and can truly reflect the situation of the affected, which conforms to the research purpose of this paper. Mathematical statistics: the impact of the data obtained by percentage statistics to reach a conclusion.

## 2. Research Results and Analysis

### 2.1 Setting of Physical Education Professional Sports Activities in Haze Climate Environment

According to the general requirements of school education and the own rules of physical education courses, many kinds of courses are offered for undergraduates majoring in physical education. Pay attention to the combination of theory and practice, pay attention to the infiltration of relevant theoretical knowledge in sports practice teaching, and use a variety of forms and modern teaching means, give full play to the main role of undergraduates and the leading role of teachers.

In order to understand the setting of physical education activities in haze climate environment, this paper conducted an impact

survey on the undergraduates majoring in physical education in colleges and departments. It can be seen from data that physical education majors account for 43%, technology 28%, education 17%, elective 7%, and practical activities 5%. the first survey shows that college physical education majors account for 40%, technical majors for 23%, education and elective majors for 16%, and practical activities for 5%. the second survey shows that college physical education majors account for 43%, technical majors for 23%, education majors for 16%, elective majors for 13%, and practical activities for 5%. This shows that the major of physical education in haze climate environment is mainly specialized and technical courses, with education as a minor. Other courses are carried out together, which fully reflects the overall development.

### **2.2 Cognition of Physical Education Courses for Undergraduates Majoring in Haze Climate Environment**

In terms of the value cognition degree of the undergraduates, 57% thought it was very valuable, 41% thought it was average, and 2% thought it was not valuable. This shows that the vast majority of undergraduates are still objectively aware of this problem, and at the same time, it also shows that in the minds of most undergraduates, PE courses are still relatively important.

### **2.3 Motivation of Undergraduates Majoring in Physical Education in Haze Climate Environment on Physical Education Course**

When it comes to influencing undergraduates' motivation to study physical education courses, 48% think it is to master professional skills, 22% think it is to learn knowledge, 11% think it is to get credits, 16% think it is necessary to learn, and 3% think it is nothing. It shows that most undergraduates of physical education major can still realize the importance of physical education major curriculum. Secondly, physical education major curriculum has its own charm, which can attract undergraduates from multiple channels and aspects. It can make people challenge themselves, go beyond the limit and bring fun. However, only a small number of undergraduates are indifferent, which may be due to improper teaching methods and means of teachers, which makes it difficult to mobilize the interest of

undergraduates. Meanwhile, it also indicates that these undergraduates either do not like the specialized courses of physical education originally or have incorrect learning attitudes.

### **2.4 Evaluation of Teaching Quality by Undergraduates Majoring in Physical Education In Haze Climate Environment**

In terms of influencing the evaluation of teachers' teaching quality by physical education undergraduates, 68% of physical education undergraduates think that teachers' teaching quality is average, 30% of physical education undergraduates think that teachers' teaching quality is very good, and 2% of physical education undergraduates think teachers' teaching quality is poor. It shows that most undergraduates of physical education major are positive about the teaching quality of teachers, while very few undergraduates of physical education major think that the reason is that teachers' methods are not suitable and it is difficult to mobilize their own interest, or it is that these undergraduates of physical education major do not take their learning attitude seriously and so on.

### **2.5 Gender of Physical Education Teachers In Haze Climate Environment**

According to the survey data, the teachers of physical education major in colleges and universities are mainly male, accounting for 67% of the total number, and the proportion of female teachers is 33%. Physical education in haze climate environment requires not only the strength and professional skills of male teachers, but also the professional knowledge and carefulness of female teachers. the lack of female teachers of physical education in haze climate environment has become a common problem among the teachers of physical education in haze climate environment. As the ratio of male to female in China gradually tends to be equal, the haze climate environment should be required to increase the number of female teachers. This will have a more positive impact on the behavior and gender consciousness of the undergraduates majoring in physical education. Thus it can be seen that only in this way can the haze climate environment physical education professional sustainable and good development.

### **2.6 Education Background of Physical**

### **Education Teachers Majoring in Haze Climate and Environment**

When it comes to affecting the professional title of physical education teachers in haze climate environment, lecturers account for 54%, associate professors account for 22%, professors account for 17%, and teaching assistants account for 7%, indicating that most of the teachers of physical education in haze climate environment are lecturers. Professional title is the evaluation of a teacher's teaching ability. the level of professional title restricts the level of teaching quality, and also determines whether undergraduate students can learn more learning knowledge. the higher the professional title is, the better the learning quality of undergraduates will be; otherwise, the learning development of undergraduates will be restricted.

### **2.7 Evaluation of Teachers by Undergraduates Majoring in Physical Education in Haze Climate Environment**

When it comes to influencing the satisfaction degree of physical education undergraduates with teachers in haze climate environment, 53% of them think it is very satisfied, 36% think it is satisfied, 8% think it is not very satisfied, and 3% think it is not satisfied. That fog climate to teacher's satisfaction with the students who major in physical education is for sure, these students who major in physical education can and teacher is very good communication, interaction and teachers' teaching method is very suitable for them, and part of the sports education specialized undergraduate students are not satisfied with the teacher is likely due to not good at communicate with the teacher, or to teacher's teaching method is not adapt, no interest, etc.

### **2.8 Haze Climate Environment Site Facilities, Equipment Satisfaction**

In the study on the effective use of school sports venues and equipment from the perspective of sports ecology, Yang Xuewen proposed that necessary field equipment should be paid attention to from the perspective of school education for the healthy growth of students. In modern society, the demand for talents shows a trend of diversification. Sports venues and equipment are both indispensable resources for training and educating people in school sports, and also

an important part of the ecological environment of school sports. the scientific development and rational use of sports venue equipment will play a positive role in promoting physical education teaching, training and various forms of physical activity, which is not only the important basis for the reform of school physical education curriculum, but also the important material guarantee for the implementation of school physical education and the achievement of practical results.

Haze climate site facilities, equipment is not very perfect. 32% of the students who major in sports education think haze weather environment facilities, equipment, 29% of the students who major in sports education think haze weather environment facilities, equipment is not satisfied with, 19% of the students who major in sports education think haze weather environment facilities, equipment are not satisfied, 16% of the students who major in sports education think haze weather environment facilities, equipment satisfied, 4% of the students who major in sports education think haze weather environment facilities, equipment is very satisfied. This indicates that there is a serious shortage of facilities and equipment in the haze climate environment. Therefore, the curriculum of physical education cannot be carried out well, which affects the teaching quality of teachers.

### **2.9 Knowledge of Teachers' Teaching Methods For Physical Education Majors In Haze Climate Environment**

Influence in sports colleges sports education specialized undergraduate students think teacher's teaching method, 57% of the students who major in sports education methods generally think teachers, 33% of the students who major in sports education thought methods good teachers, 7% of the students who major in sports education thought teacher USES the method of backward, and 3% of the sports education specialized undergraduate students don't know. It shows that most of the undergraduates of physical education are not satisfied with the present teaching means and methods, which has much to do with the poor facilities and equipment at present. In recent years, the enrollment scale of colleges and universities is constantly expanding. Although the educational funds invested by the state are

also increasing year by year, the funds per capita occupied by undergraduates majoring in physical education are decreasing year by year. Related to teachers' teaching ability at the same time, the teaching method, the method used is reasonable, appropriate, are affecting the teaching effect is good or bad, and their interest in learning, and have less part of the sports education specialized undergraduate students believe that the teaching method of well, probably most come from the economically underdeveloped areas, they are compared with the middle school teachers' training means, and that very few sports education specialized undergraduate students think don't know, that the students who major in physical education learning attitude problem was either, or don't like sports education professional courses, and therefore won't go to care about these problems, Even then or now in class, may be muddled muddle through.

### **2.10 Strict Performance Assessment of Physical Education Major in Haze Climate Environment**

Performance evaluation is an important part of physical education teaching. Professor Gaehard Haeckel of Cologne Institute of Physical Education in Germany once made a detailed discussion on the evaluation of physical education achievement in his book *Physical Education Teaching method*: teachers should not only consider the achievement of undergraduates, but also their health, happiness and moral consciousness. the teaching of physical education in colleges and universities is not only the teaching of exercising the body and improving the quality, but also the teaching of cultivating the ideological and moral qualities of the undergraduates, developing their personalities and wills.

Fog climate sports education professional assessment consists of grades and test scores, grades are mainly pointed out frequently and learning attitude, accounted for 20%, exam achievement is mainly referring to the special performance, accounted for 80%, is in conformity with the sports education professional development, conform to the physical and mental health of students who major in physical education from departments of college.

In fog climate environment assessment is strict, there are 52% students who major in sports

education thought is very strict, there are 37% students who major in sports education thought strictly, 6% of the sports education majors think generally, 3% students who major in sports education thought is not too strict, 2% students who major in sports education thought is not strict. It indicates that most undergraduates highly approve of the performance evaluation of physical education major in haze climate environment, and also affirm the quality of teachers' teaching, which is in line with the overall development of physical education major undergraduates.

### **3. Conclusion**

The major of physical education in haze climate environment is mainly specialized and technical courses, with education as a minor. Other courses are carried out together, which fully reflects the overall development of colleges and universities. Physical education majors in colleges and universities are divided into professional, technical, educational, elective and practical courses. Undergraduates majoring in physical education in haze climate and environment can objectively recognize the value of physical education courses. the importance of mastering professional skills for undergraduates to master physical education courses also shows that most undergraduates attach great importance to mastering professional skills and learning physical education course knowledge. the teachers of physical education in haze climate environment are mainly male, and the teachers are mainly lecturers. Undergraduates majoring in physical education in haze climate and environment are satisfied with their teachers and teaching quality, while a few undergraduates majoring in physical education think that the reason is that the teachers' methods are not suitable for them. the performance evaluation of physical education major in haze climate environment is in line with the development of physical education major and the physical and mental health of college and university physical education major undergraduates. Undergraduates highly recognize the performance evaluation of physical education major in haze climate environment, and also affirm the quality of teachers' teaching, which is in line with the overall development of undergraduates in physical education major. the serious shortage

of facilities and equipment in haze climate environment restricts the development of undergraduate students in haze climate environment, and further affects the quality of teachers' teaching and undergraduate students' learning. the physical education major of haze climate environment should strengthen the undergraduates' cognition of the value of physical education course. the physical education major in haze climate environment should increase the number of female teachers, enrich and improve the teaching methods and means, strengthen quality education, strengthen the teaching practice link, and improve the practical ability of undergraduates. the haze climate environment should strengthen the site facilities, equipment perfection, to ensure the quality of teacher education, accelerate the development of undergraduate practical ability. College sports colleges and universities sports education professional to give full play to the fog climate environment of physical education curriculum teaching effect, to enhance physical fitness and health as the main line, to cultivate lifelong sports, health first consciousness, find a true to sports education professional environment of haze weather loved by most of the undergraduates in the road of reform, all kinds of high quality applied talents for new century high-tech society.

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