

# Exploring the Prospects of Mongolian Medicinal Pearl Nanoparticles in the Medical Field Based on Nanotechnology

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**Abstract:** As a traditional Mongolian medicine, pearls exhibit significant pharmacological effects and unique therapeutic benefits. However, issues such as the unclear foundation of active ingredients and therapeutic substances greatly limit the development of new drugs and clinical applications. With continuous innovations in nanotechnology since the 1990s, its applications in the field of medicine have gradually matured. This paper, based on the summarization and organization of nanotechnology, focuses on describing the advantages and characteristics of using the biological enzyme cutting method to prepare pearl nanoparticles. By refining the particle size of pearl powder to the nanoscale using enzyme cutting, the dissolution rate and absorptivity of the drug can be effectively improved. This method shows unique therapeutic effects and applications in disease diagnosis, targeted treatment, bone formation materials, etc. Through the application of nanotechnology, the preparation quality, pharmacological effects, and safety evaluation of Mongolian medicinal pearl powder can be further enhanced, providing technical support and assurance for its extensive use in the medical field.

**Keywords:** Nanotechnology; Mongolian Medicine; Pearl Powder; Application Prospects

## 1. Introduction

Pearls are mineral granules containing calcium carbonate produced through the endocrine activity of pearl oysters, with the main chemical component being aragonite-form calcium carbonate. In recent years, techniques such as X-ray diffraction and near-infrared spectroscopy have been used for the identification of pearl powder, revealing the presence of components

such as b-chitin, silk-like proteins, and acidic glycoproteins [1]. Pearl powder is utilized in traditional Chinese medicine, Mongolian medicine, and other traditional medical practices for treating conditions such as palpitations, convulsions, insomnia, and epilepsy [2]. Furthermore, pearl powder contains 15-18 amino acids, over 20 trace elements (including zinc, calcium, magnesium, phosphorus, iron, etc.), several short peptides, and other active factors. It has been reported that the calcium in pearl powder exhibits bone-forming activity, and its significant effects in antioxidation, anti-aging, anti-radiation, and nourishment are well-acknowledged [1, 3].

In recent years, nanotechnology has emerged as a novel approach to enhance the solubility and absorptivity of powdered drugs. By mechanisms such as increased endocytosis and active cellular uptake, the efficacy of drugs at the nanoscale can be significantly improved. Currently, the nanocrystallization of nano pearl powder is widely applied in treatments and cosmetics. However, research on its underlying mechanisms is limited. Pearls, as a traditional Mongolian medicine, find extensive applications in medical diagnosis, treatment, healthcare, and more. In Mongolian medicine, pearls are characterized as having a neutral nature, a sweet and salty taste, and are processed for use. They are believed to have effects such as clearing white pulses, treating brain injuries, calming the mind, detoxifying, and promoting skin regeneration [2]. However, unclear understanding of the active ingredients and pharmacological mechanisms of Mongolian pearl powder greatly hinders its efficient application and development. In recent years, with the rapid development of nanotechnology, new

opportunities for in-depth research on Mongolian pearl medicine have emerged.

## 2. Study on Carbon Dots and Nanomedicine in Mongolian Medicine

Carbon, as one of the most important elements in nature, plays a vital role in the composition and activities of the entire Earth and is also a crucial component in the human body<sup>[4]</sup>. In the field of medicine, carbon elements are significant, and traditional Mongolian medicine "huizhi" containing carbon materials serves as a typical example. Carbon medicine involves the calcination of Mongolian medicinal herbs, animal drugs, or mineral drugs into biochar through anaerobic roasting. The resulting fine powder is then ingested, and these medicines, after digestive processes in the gastrointestinal tract, release carbon elements to exert effects on internal organs<sup>[5]</sup>. Carbon drugs, commonly used in clinical practice, demonstrate notable therapeutic effects in treating esophageal, gastrointestinal diseases, or tumors. Mongolian medicine has a long history of utilizing carbon drugs for disease treatment, with continuous research and exploration of their functions. In recent years, various carbon nanomaterials (CNMs) composed of carbon elements have become a research hotspot in 21st-century technological innovation. This includes carbon nanotubes, nanoparticles, nanofibers, graphene oxide, and Carbon Dots (CDs), which have garnered significant attention and find extensive applications in fields such as solar cells, bioimaging, photocatalysis, nanoelectronic devices, photodynamic therapy, and biomedicine. Carbon Dots (CDs), as novel fluorescent carbon nanomaterials, exhibit excellent photoinduced luminescent properties similar to quantum dots, along with chemical inertness and good biocompatibility. According to literature, CDs do not cause any abnormalities or damage to tissues and organs, and no acute toxicity, subacute toxicity, or genotoxicity has been observed.

Currently, there are various methods for preparing carbon dots, including synthetic methods, electrochemical methods, laser ablation, strong acid dissolution, one-pot hydrothermal methods, and more. However, none of these methods can explain the normal digestion, absorption, and pharmacological processes of traditional carbon drugs, such as Mongolian medicine and traditional Chinese medicine, in the human body. Therefore, our

research group has made efforts to develop a new method for preparing fluorescent carbon dots, namely the enzymatic cutting method, to produce fluorescent carbon dots with the characteristics of Mongolian medicine in the form of "Hei Bing Pian" (Black Ice Slice). The advantage of this method is that it simulates the digestion and absorption process of Black Ice Slice in the human gastrointestinal tract and induces fluorescence after excitation. The carbon dots prepared using this method have surfaces rich in functional organic groups, providing them with good dispersibility and water solubility. Additionally, they can be easily functionalized and bioconjugated with Black Ice Slice for various applications, demonstrating excellent biocompatibility<sup>[6]</sup>.

According to the literature, in recent years, some researchers have utilized materials such as ginger, biological straw, coffee charcoal, egg white, candle soot, graphene, etc., using different methods to prepare Carbon Dots (CDs). It has been found that the CDs prepared in this manner exhibit excellent inhibitory effects on the growth of liver cancer, human lung cancer, human breast cancer, and human cervical cancer cells, along with antioxidant properties. Furthermore, these CDs show low toxicity to normal breast epithelial cells and mouse liver cells. We are gradually realizing that fluorescent carbon dots represent a potential and innovative research focus that can break through traditional Mongolian medicine.

## 3. Application of Nanotechnology in the Preparation of Mongolian Medicine Pearl Powder

The use of nanocarrier technology allows the encapsulation of active ingredients from pearl powder within nanoparticles, providing control over their release rate and stability. Nanocarriers serve to protect the active components of pearl powder, slowing down the loss of therapeutic efficacy and enhancing stability and shelf life. During the preparation process, the release rate and therapeutic performance of components can be controlled by altering the morphology and surface modifications of nanomaterials<sup>[7]</sup>. This nanocarrier

technology not only improves the therapeutic efficacy of pearl powder but also enhances its flexibility and convenience in use.

Biodegradable nanofiber technology is an emerging nanotechnology that can be utilized in the preparation of pearl powder nanofibers. This involves dissolving pearl powder into a nanoscale liquid, followed by utilizing electrospinning technology to create a thin film with a nanofiber structure [8]. The resulting nanofiber film possesses a high specific surface area and porosity, which facilitates the release and absorption of the active components in pearl powder [9]. Additionally, the nanofiber film exhibits excellent biocompatibility and degradability, helping reduce patients' allergic reactions and side effects to drugs, thereby enhancing the therapeutic effects.

The application of nanotechnology in the preparation of Mongolian medicine pearl powder can enhance the drug's efficacy and stability, improve its solubility and absorption properties, and ultimately enhance the treatment outcomes and quality of life for patients [10]. However, further research and clinical experiments are necessary to validate its safety and effectiveness, ensuring its reliability and feasibility.

#### **4. Application of Nanotechnology in the Efficacy of Mongolian Medicine Pearl Powder**

The efficacy of Mongolian medicine pearl powder is closely related to its absorption and distribution in the body. Nanotechnology can precisely deliver Mongolian medicine pearl powder to the affected areas through drug carriers, enhancing drug targeting and efficacy [11]. Additionally, nanotechnology can achieve sustained and controlled release of the drug by controlling the release rate and amount, improving the drug's efficacy, and reducing the incidence of adverse reactions.

Nanotechnology can refine the particle size of pearl powder to the nano-scale, increasing its surface area and thereby enhancing drug dissolution speed and absorption. After pearl powder is prepared into nano-particles using nanotechnology, it comes into contact more easily with bodily fluids, increasing the contact surface area between the drug and the organism and facilitating absorption through the gastrointestinal tract [12]. Moreover, the small size of nano-particles can improve drug

permeability within cells, thereby promoting the efficacy of the drug [13].

Through nano-carrier technology, active ingredients in pearl powder can be encapsulated in nano-particles, and their release rate and stability can be controlled. Nano-carriers can protect the active components of pearl powder, preventing their decomposition or inactivation in the digestive tract, thereby extending the duration of the drug's action [14]. In addition, by adjusting the shape, size, and surface properties of nano-particles, the release rate of the drug in the body can be controlled, achieving sustained release and enhancing the stability and persistence of drug efficacy [15].

Nanotechnology can also enhance the targeted effects of pearl powder through functionalized nano-particles. Surface modification of nano-particles can direct drugs to specific tissues or cells [16]. For example, by utilizing the special surface properties or specific targeting ligands of nano-particles, they can selectively accumulate in target tissues or diseased cells in the body, increasing the local drug concentration and improving therapeutic effectiveness. Targeted nano-particles can enhance the drug release efficiency of pearl powder, reduce drug distribution in non-target tissues, and decrease drug side effects [17].

The application of nanotechnology has improved and optimized the efficacy of Mongolian medicine pearl powder. However, it is crucial to pay attention to the biocompatibility and safety issues of nano-materials in their application. Further research and clinical validation are necessary [18]. This ensures the safe and reliable application of nanotechnology in Mongolian medicine pearl powder, maximizing its therapeutic effectiveness.

#### **5. Application of Nanotechnology in the Safety Evaluation of Pearl Powder, a Kind of Mongolian Medicine**

The safety evaluation of Mongolian medicine pearl powder is a crucial aspect in the medical field. Nanotechnology offers a means to analyze the components and structure of Mongolian medicine pearl powder, facilitating the assessment of its

toxicity and safety. Moreover, nanotechnology employs methods like biological effect testing to monitor and evaluate the metabolism and excretion of Mongolian medicine pearl powder within the body, providing a scientific basis for its safe application in the medical field. The application of nanotechnology in the safety assessment of Mongolian medicine pearl powder holds significant importance<sup>[19]</sup>. Considering the potential impact of nano-materials on human health, a thorough safety evaluation is necessary for the nano-processing and application of Mongolian medicine pearl powder.

Nano-processed Mongolian medicine pearl powder requires a biocompatibility assessment to ensure its safety for human use. Researchers need to conduct *in vitro* and *in vivo* biocompatibility tests on nano-pearl powder to understand its toxic effects and impacts on cells, tissues, and organs. Biocompatibility assessment involves not only evaluating cytotoxicity but also considering its effects on the immune system, reproductive system, nervous system, and other aspects to ensure the safe utilization of nano-pearl powder<sup>[20]</sup>.

Studying aspects such as *in vivo* absorption, metabolism, and biological distribution of nano-processed pearl powder is essential for evaluating its behavior and safety in the human body. By tracking the metabolic processes and biological distribution of nano-pearl powder in the body, it can be determined whether it accumulates and causes damage to organ tissues. These studies provide crucial data support for the safety assessment of nano-pearl powder, ensuring its secure application within the human body<sup>[21]</sup>.

A comprehensive assessment of the long-term toxicity and reproductive toxicity of nano-processed pearl powder is essential to understand its potential long-term hazards and impacts on the reproductive system. Long-term toxicity assessment involves extended exposure experiments, observing the prolonged effects of nano-processed pearl powder on animal models, including organ damage and tumor formation. Additionally, reproductive toxicity assessment evaluates the impact of nano-processed pearl powder on reproductive system function and fertility to ensure it does not pose harm to human health and reproduction<sup>[22]</sup>.

The application of nanotechnology in the safety assessment of Mongolian medicine pearl powder allows for a comprehensive evaluation of its

potential hazards within the human body, ensuring its safe and reliable use. These safety assessments serve as essential steps before the application of nano-processed pearl powder, laying the groundwork for its widespread and secure use in the field of medicine.

## **6. Prospects for the Application of Mongolian Medicine Pearl Powder in the Medical Field**

With the continuous development of nanotechnology, the application prospects of Mongolian medicine pearl powder in the medical field are vast. In the future, Mongolian medicine pearl powder can be combined with nanotechnology to produce targeted drugs, sustained-release drugs, and other novel pharmaceutical formulations to meet clinical demands for efficient, safe, and convenient drug treatments. Additionally, Mongolian medicine pearl powder, in conjunction with nanotechnology, can be researched for drug carriers and drug delivery systems, providing new solutions for drug transport and control. Furthermore, the combination of Mongolian medicine pearl powder and nanotechnology can contribute to the diagnosis and treatment research of major diseases such as cancer and neurological disorders, offering new strategies and technological means for the prevention and treatment of these illnesses.

As an herbal material, Mongolian medicine pearl powder contains various active ingredients with strong pharmacological activity and biological functions. Through the application of nanotechnology, the active components in pearl powder can be prepared into nanoparticles for the development of drug delivery systems. These nanoparticles, using methods like targeted ligands, can precisely deliver drugs to specific tissues or organs, enhancing therapeutic effects. In the future, the nanodrug delivery system of Mongolian medicine pearl powder may become a new generation of treatment modalities for diseases such as cancer, infectious diseases, and neurological disorders<sup>[23]</sup>.

The application of nanotechnology allows for the modification and enhancement of active components in Mongolian medicine

pearl powder. Nanocarrier technology can encapsulate these active components in nanoparticles, improving their stability and bioavailability. Additionally, nanotechnology enables the combination of active components from pearl powder with other drugs or delivery systems, achieving synergistic therapeutic effects. These modified and enhanced nanoscale pearl powder formulations may exhibit stronger pharmacological actions in areas such as antimicrobial, anti-inflammatory, and antioxidant activities, offering broader prospects for application.

Mongolian medicine pearl powder, characterized by high biocompatibility and biodegradability, holds potential for the development of various medical functional materials. Nanotechnology can be employed to transform pearl powder into materials such as nanofiber films and nano-injectors for applications in tissue engineering, drug release systems, regenerative medicine, and more. These pearl powder-based materials exhibit biological activity, degradability, and high drug-loading capacity, making them valuable contributors to the healthcare sector with broad market prospects.

The application prospects of Mongolian medicine pearl powder in the medical field require further research and development. Simultaneously, attention to relevant regulations and standards is crucial to ensure its safety and effectiveness. In the future, with continuous technological advancements, the application prospects of Mongolian medicine pearl powder are expected to expand further in the medical field, bringing additional health benefits to individuals.

## 7. Conclusions

Mongolian Medicine Pearl Powder, based on nanotechnology, holds significant application value and development prospects in the medical field. Through the application of nanotechnology, it is possible to enhance the preparation quality, effectiveness, and safety assessment of Mongolian Medicine Pearl Powder, providing technical support and assurance for its widespread application in the medical domain. In the future, with the continuous advancement of technology, it is believed that the application of Mongolian Medicine Pearl Powder in the medical field will continue to expand and innovate.

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