

# Research on the Deconstruction and Reconstruction Mechanisms of Traditional Teaching Paradigms by Generative AI

Zhang Yangxiao, Wang Qun  
Xi'an Siyuan University, Shaanxi Xi'an, China

**Abstract:** This research examines how the process of using AI to generate content affects and changes the main forms that teaching follows. The work thinks about using it in three main areas of application. These have the teaching content's design, which offers different ways for each learner, also includes using AI to give support and help in the teaching process, and there are changes happening in the roles that teachers as well as students are playing. Analysis shows the way that AI applications produce changes in key structures of teaching, but these structures is not always easy to measure. However, we can observe some general patterns which is common in many cases. This means the teaching methodology need to adjust according to new technology development sometimes. This study findings shows artificial intelligence content generation methods can solve some big limitations that the old ways have. It offers learning experiences what are different for each individual person. This method also can support to combine the understanding from different research areas, and it is helpful for integrating knowledge across disciplines, which makes the comprehensive analysis more possible. Combining these together helps students improve the overall abilities they develop and also makes them better at showing new methods and approaches they come up with. Applying these methods, especially those using artificial intelligence, also has some problems, it is because while they are advanced tools, there exist certain unavoidable issues, and these issues need our careful consideration in practical application. These worries include about the proper conduct, also there have differences in education resources reaching different groups, and teachers they need to develop new abilities for using such methods. This study puts forward responses to deal with these mentioned issues. In education field, use of

these methods must ensure fair access and clear procedures is of great importance, these responses mainly concentrate on that aspect, though sometimes the main subject and verb agreement have small issues. This work shows the big influences that artificial intelligence ways for making content has on education, and it think about the possible direction which education may develop.

**Keywords:** Generative AI; Traditional Teaching Paradigms; Personalized learning; Intelligent Teaching

## 1. Introduction

Technology development clearly shows that the use of systems for producing materials are increasing in many fields. In education, such systems can provide opportunities to change teaching approaches, a context where traditional models always focuses on the role of the individual teacher, and these approaches also emphasizes providing the same materials to All students in a group at same rate. This common method often not addressing differences among learners, but systems that do data analysis and examine patterns enables developing different materials for different individuals and changing methods according to how each person responds. This special approach to instruction, provide specific materials and ways for various learners, it increases their understanding rate and supports better access for all groups.

The use of these systems in education also have some problems that need to pay attention. These issues includes concerns about how to use them properly, difficulties in protecting personal information, and the fact that different groups cannot access them equally. Such problems show that we must take actions to solve them<sup>[1]</sup>. This research looks at how the systems that create materials can change the old teaching methods. The research also studies the challenges brought by these systems and thinks about possible ways to handle these difficulties.

## **2. The impact of Generative AI on Traditional Teaching Paradigms**

### **2.1 Personalized Customization of instructional Content**

Through analyzing the learning needs and characteristics of students, the methods that apply Artificial Intelligence to generate contents shows it can supply personalized learning materials for individual learners. In teaching settings using traditional methods, the instructional content is designed to meet the needs of most students, so this approach often finds it hard to handle the differences that exist between each individual student. Analysis by Ai generating content show ability to spot students' study progress and their interests. It is through real-time feedback and basing on data analysis. So making identification possible. This analysis gives materials for study displaying functions fitting personal demands. Through using approaches that can process language and involve learning through multiple levels, methods of Ai that generates content shows the ability to adjust the difficulty levels of teaching materials. And also it can recommend learning resources which looks suitable<sup>[2]</sup>. This is because it has the capacity to make such changes. This way of learning let students to advance their study speed according to their own favorite pace, and also in a way that can show their personal characteristics and habits. This method not only shows the learning efficiency has improved but also it indicates the motivation effect, which is developing from inside the students themselves. This effect is helpful to learning, because students can make their own direction and they feel it supports their process.

### **2.2 Intelligent Support for The Teaching Process**

The method which uses systems giving intelligent support, this approach shows important effects in teaching, and it can solve the limitations existing in traditional methods. These methods are showing high use of manual work and individual guidance, which is relying heavily on human effort and personal instruction, so it is not very efficient in modern production. The systems they will examine how students learning patterns and responses, and this process is happening in real time. This analysis allows intervenes at appropriate point, teaching

approaches shows adjust based on the data and make proper change accordingly. The process is following patterns that show its effectiveness and that keeps the learning continuity maintained. The platforms with intelligent support offer methods to keep track of students' learning progress, and then these kind of systems will automatically produces reports about it. These systems also using data to adjust instruction rate and teaching focus. This means teachers not only give information, but also can pay more attention to the individual needs that students have shown. Teachers also give support that about student's motivation and emotional factors, this kind of support is very important. The application of intelligent support means the time for instruction and resources can be used more effectively, and this method also shows teaching quality gets improvement and the learning experience that students report is better.

### **2.3 The Changing Roles of Teachers and Students**

The using of generative systems in common practice shows that the relationships between teacher and students is different from the old ways before. The functions given by teachers extend from the direct teaching of information to include that they support individuals in learning, the roles of teachers actually cover many different aspects, and these functions are very important for the learning process. These systems enable the immediate showing of responses and materials, so teachers is just one source among many other sources. Teachers, they mainly do work which is about giving support to understand, to use information, and also to assess information. This work also contains support for the independent examination and learning that is conducted by the students themselves. The role assumed by students are different from the passive one, it mainly involves receiving information and this distinction is crucial. The students are not just passive receptors, they need to actively engage in learning and this change improves educational outcomes. The shift from passive to active role is widely advocated in modern pedagogy, it aims to foster deeper understanding among students. Students in the learning process shows active involvement. In this study, the individuals choose those topics which is related to the interests and needs they have indicated, and then

they use the learning paths that the system provides for supporting their learning. The methods which systems are employing make it possible to show information that is connected with the particular characteristics which the individual has. This roles change shows teacher and student their interaction becomes more and the structure supporting this interaction it can have some variations. The patterns emerging from this change suggests that the model supporting education allows for development, just in the forms which the model itself assumes, and it means the development is following the model's own design.

### **3. The deconstruction of Traditional Teaching Models by Generative AI**

#### **3.1 Disruption of Traditional Instructional Structures**

The development of systems for creating content using methods that work by themselves has influenced teaching structures that follow the old ways.

The usage of systems which produce materials and permit adjustments according to specific context features shows that structures emphasizing the instructor demonstrates lesser alignment with what modern education demands. Content-generating systems enable varied ways of delivering materials to different learners, and such ways connects with the characteristics displayed by particular individuals.

This method can reduce the limitations, that the fixed form materials bring and also the way which present content at same speed to all people brings. So the learners could choose the learning materials, which relates to the speed suiting their own situation and to the features showing their interests.

#### **3.2 Transformation of Knowledge Transmission Methods**

Systems using for provide responses has changed the methods of acquiring knowledge, so knowledge transmission ways have been transformed, and this is a major change for learning methods. In the past, students in the classroom mainly depend on teachers' explanation, and the learning process is about listening to presentations and using memory to keep the information, which is the traditional way of studying. Now the method use systems which simulate the context of learning

happening, and these systems let people interact by exchanges that is like conversations<sup>[3]</sup>. This method give many kinds ways to get knowledge, it supports different approaches for knowledge acquisition, and provides various means to achieve knowing. Those systems by This approach can modify the content which students have encountered, and This modification happening according to the specific requirements that different students have presented. This method also makes students' understanding develop through exchanges like conversations, and offers scenarios that simulates real contexts where the knowledge gets used. Such features make clear that students with this method, they are not only relying on the explanations given by teachers anymore. Students using the systems that can provide responses, they acquire knowledge mainly through three ways: interacting with these systems, getting immediate responses from them, and also through activities which require independent examination of the content. This method improve the ability to learn, and also enhance student's capacity to control the learning process. The result show students who using this method can better handle the problems which happening in the real situations in fact.

#### **3.3 Reshaping of Teaching Assessment Mechanisms**

The development of systems using artificial intelligence leads to major changes in assessment approaches which affect the way people evaluate things. The development of AI systems indeed brings significant change. It changes the traditional methods of assessment that people used before. In assessment practice which following standard methods, the evaluation of individuals in study mainly uses results from testing, because this way is considered more objective and fair, and it also simplifies the operational process for the teacher. The range of this method is not very wide, showing some limitations in its application scope, which means it cannot cover many situations. Using artificial intelligence systems can do assessments, and this includes many more factors, and also these assessments can change according to different data. These systems check the studying processes continuously and give analysis for them. The analysis show performance in The end and also has patterns of behavior in study, like

approaches that individuals use for processing information and the methods that individuals apply when they are addressing problems. This kind of assessment more connects to those methods which gives different treatments to different persons, this is because it focus on the individual differences and according to that to make the handling ways, so the core idea is to treat people not all the same. It demonstrates a development of ability and progress in study in a way that includes many factors together. The systems which using artificial intelligence also can make changes for the teaching methods, and this changes is based on the results that the assessment gives. This will lead to a different support for each person, and it will change according to what the data shows. In this model, assessment is a part of teaching, it happens during the whole process, and is not just the evaluation that only takes place at the end. It supports that the development of individuals in study can continue over a long time, and this kind of support is very important for their progress, which means the growth is not stopping but going on step by step.

#### **4. PaThways for Reconstructing Traditional Teaching Through Generative AI**

##### **4.1 Constructing Adaptive Learning Environments**

Systems that produce content enables following people in learning by checking data and ways that deal with information, and this gives tools to make teaching situations showing big possibility to adjust. By analyzing the patterns about how students learn and factors like their interests and the levels they process information, these systems can change the content being presented and the strategies that support learning, and this happens during the actual learning process time<sup>[4]</sup>. This approach points out that development it can happen under conditions which is fitting for some specific needs. The methods that traditional approaches often use have limitations in dealing with individual differences, so this can cause the results to be different from the best possible outcomes. Systems producing content offers models allowing adjustment and change following learners' given responses, and this supports experiences fitting individual needs quite well. The contexts which adjust to learners let students develop understanding according to

speeds that reflect their own progress, and it also permits teachers to focus on offering guidance and support that is required by each individual. The teaching contexts using these systems show education can answer to differences among learners in more effective ways, and this means the overall results which instruction gets has improvement.

##### **4.2 Intelligent Evaluation and Feedback Mechanism**

The method which using systems to create information, it can check learning process over long time and give feedback to people in the research, this shows it is different from those ways that only measure at one time point. Those evaluation methods, which conducts assessment after a period or through tasks in teaching environments, they has limitations like long time between assessments and missing information about the real learning process as it develops. Performance analysis during the learning process can let systems show which areas need to be developed and give improvement suggestions, with responses provided when is relevant to the person. This feedback helps people to find out which parts are their strong points and which parts have difficulties, and through this finding, it can support them to change the methods they used for learning and developing their ability in the learning situations. The assessment approach is examining the process not just final outcomes, it considers many factors like how to plan for cognitive work, the ability to solve problems, and the capacity to create new ideas, and these considerations build a framework for assessment that looks at multiple dimensions. By analyzing systems, people who are teachers can change teaching ways that show a more detailed grasp of learning patterns, These changes help teaching to fit special needs and deal with each student's differences.

##### **4.3 For Making Interdisciplinary Teaching Models Come True**

The systems that make content by processing information provides ways for teaching across disciplines. These systems can combine knowledge from many areas, which is different from just teaching things in their own separate subjects because traditional ways always show material alone. That separate way is not good for mixing different subjects together, but systems

giving content let materials from many fields be coordinated following what students like and need to learn. This way really helps to put together knowledge from all kinds of study areas. Students using this approach can obtain knowledge specific to individual fields, and they also develop the capacity to think across disciplines, because the method allows them to address problems that involve multiple areas. Teaching design using these systems combines content from mathematics, professional study, and the humanities through flexible arrangement of material, and this combination from different fields promotes varied application of knowledge. Students thus develop the capacity to integrate information from multiple sources, and the approach also supports the development of ability to create applications of knowledge showing features not present in individual fields, with these outcomes resulting from exposure to material that shows relationships between different areas of study.

## **5. Challenges and Countermeasures for Merging Generative Ai into Traditional Teaching Methods**

### **5.1 The Ethical Problem in Technology Applications**

Here we face many ethics issues when using such advanced technologies inside normal classrooms. Those ethical challenges must be considered carefully and find good solutions.

Nowadays, the use of technology that can produce content is happening in education settings, and this brings some issues that need people to think about it carefully.

The systems from study settings will collect personal data about individuals which raising concerns. Those information like learning records and behavior data maybe got misuse and exploitation, making some harmful consequences.

The decision-making processes of systems may contain biases which were present during their development, and these biases can affect the results that the systems provide. The results that are not fair or accurate can then affect the opportunities individuals have in education, and this affects fairness in the overall context<sup>[5]</sup>.

Technology application in education must consider ethics principles, which is important for protecting data and information. The systems' processes should undergo transparent

examination and have regular oversight, so careful regulation and thorough ethics review can reduce technology risks. This risk reduction allows technology use to follow fairness principles and respect individual rights.

### **5.2 Educational Equity and Resource Allocation**

Technologies that use methods enabling content creation show potential to offer instruction which is different for each student, but their spread in education still faces limitation because resource situations are not the same everywhere. In places having plenty resources, these methods can give many kinds of materials and plans made for specific students, so that learning chances can be expanded. In contexts where resources are not enough, the education conditions create difficulties for using these methods, and technologies that create content might make resource differences in education even bigger, meaning gaps between different kinds of areas could become wider. If actions to deal with these situations are not taken, the differences in accessing technology will probably increase, and this restricts opportunities for students in places with fewer resources.

For making fair use of these technologies in education, some measures must be taken so all students can benefit, no matter where they are from or how their economic condition is. The governments and organizations which are in charge of education need to put more investment into the basic education structures, to let technology access become easier, and to push the distribution of resources about these methods, this is for reducing the gap. Special attention should be given to those areas that have limited resources or are far away from other places, this goal is to make sure equal chance for education opportunities and to support the fairness in education.

### **5.3 In Teacher Training and Adaptability Enhancement**

generative artificial intelligence is integrated, this not only change teaching content and methods, but also propose new demands for teachers' professional roles. Teachers need to master traditional teaching methods and also cultivate artificial intelligence-related technical capabilities, so they can use artificial intelligence tools effectively for personalized teaching and personalized assessment, achieving improved

educational outcomes. Artificial intelligence becomes an important component of education, then teachers need to cooperate with AI systems to improve teaching effects, which means teacher training is very important, and improving professional adaptability also has its own importance, under this condition the education system provide comprehensive training programs, it can help teachers understand basic principles of AI applications, and help them to know its operating mechanisms as well. Teachers should master the use of AI tools, analyze students' performance to adjust learning plans and offer personalized support, thereby achieving more targeted teaching, and also they need to further develop teachers' innovation ability and interdisciplinary capacity, thus helping them adapt to new education forms, stimulate student creativity, and effectively integrate AI into teaching practice.

## 6. Conclusion

Applying those methods which produce teaching materials has key influences on learning process, because they replace many traditional practices and teaching support is enhanced through creating new contents, also these approaches demonstrate significant results in education activities. These methods let the learning content development vary among different individuals and also give supports to the teaching ways by using those data which is about features particular to specific learners. Such an approach makes the learning processes become more flexible and also let them to occur with improved efficiency. The methods also makes possible align the instruction design with personal learner characteristics. In the process, learning guidance and students own traits becomes coordinated by these approaches, they enabling the teaching design to match each learner different features which are present. These ways are combined in education, the effects is significant, but it also reveals important problems needing people to consider, which are very necessary. The problems are such as eThics worry, some groups have resources while others not, and also it asks too much from

the teachers who use these methods. These demands concerning the development of capacities, for actually using those approaches in practice, and these are important. Educational systems to solve these problems should mainly pay attention to some specific strategies. The strategies including capacity building efforts for using those approaches happens with persons providing instruction, also having approaches so that different groups can more equal access resources, and establishing data protection for individuals and make processes in systems can be understood. The methods that made teaching assistance by producing the content has impacts. That really transform education in many significant aspects. This shows the effects in many ways that changes education. In the future, the use of these approaches is likely to increase and allow further development and improvement of models that describe how education occurs.

## References

- [1] Han X ,Zhou X . AI Empowers Traditional Physical Education Teaching in Higher Vocational Education: Exploring New Paths for the Integration of Health Education.[J].Journal of visualized experiments : JoVE,2025,(224).
- [2] Yin C . Digital Educational Translation of Chinese Traditional Culture: An Experimental Study on Primary School Art Teaching with the Example of Afu ' s AI Collection Journey[J].Global vision research,2025,2(3).
- [3] Wang S . Hybrid models of piano instruction: How combining traditional teaching methods with personalized AI feedback affects learners ' skill acquisition, self-efficacy, and academic locus of control[J].Education and Information Technologies,2025,30(9):1-23.
- [4] Folger A ,DeGroot K . Using AI-Generated Podcasts as an Adjunct to Traditional Teaching Strategies.[J].Nurse educator,2024.
- [5] Chen S . Exploration of New Pathways for Traditional Chinese Language Teaching Transformation in the AI Era[J].Exploration of Educational Management,2024,2(11).